

Menu Day – Nutrient Analysis

Menu: UD HS Breakfast 2018-2019 Day 1 :47424
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: 9-12
 Site Group: High School

Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 600.00]	458.21	
Fat (g)		7.27	14.29
Sfat (g)(1)	< 10.00 % of Calories	1.66	3.26
TFat (g)(2)		0.00(M)	
Chol (mg)		25.15	
Sodium Target 1 (mg) (13)	< 640.00	404.26	
Sodium Target 2 (mg) (13)	< 570.00	404.26	
Carb (g)		85.57	74.70
TDF (g)		5.10	
Sugars (g)		13.83(M)	12.07
Pro (g)		11.63	10.16
Fe (mg)		1.60	
Ca (mg)		366.40	
A,IU		536.99	
VitC (mg)		5.00	
Mois (g)		79.21(M)	
Ash (g)		0.23(M)	

Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 1.000	1.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	>= 1.000	[1.500 - 3.000]	
Non-WGR		0.000	
WGR		[1.500 - 3.000]	
Meat/MA		0.000	
MILK-F	>= 1.000	1.000	
Fruit-J		0.000	
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD HS Breakfast 2018-2019 Day 1 :47424	1460																

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 Meal Type: Breakfast
 Serving Group: 9-12
 Site Group: High School

Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 600.00]	543.89	
Fat (g)		8.23	13.61
Sfat (g)(1)	< 10.00 % of Calories	1.67	2.77
TFat (g)(2)		0.00(M)	
Chol (mg)		6.52	
Sodium Target 1 (mg) (13)	< 640.00	483.42	
Sodium Target 2 (mg) (13)	< 570.00	483.42	
Carb (g)		105.89	77.88
TDF (g)		6.96	
Sugars (g)		24.90(M)	18.31
Pro (g)		12.51	9.20
Fe (mg)		3.06	
Ca (mg)		611.10	
A,IU		1,804.69	
VitC (mg)		6.51	
Mois (g)		107.26(M)	
Ash (g)		0.29(M)	

Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 1.000	1.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	>= 1.000	[1.500 - 2.000]	
Non-WGR		0.000	
WGR		[1.500 - 2.000]	
Meat/MA		0.000	
MILK-F	>= 1.000	1.000	
Fruit-J		0.000	
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

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Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD HS Breakfast 2018-2019 Day 2 :47424	1460																

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Grains; Choose: 2																	
831157-Bar, Butterscotch Oatmeal, 1.24 oz, Betty Crocker. General Mills, 16000-45976, WGR - AR1438 (1 Bar)	100	150.00	5.00	1.50	0.00	20.00	120.00	23.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Bar, Nutri-Grain Cereal Bar Strawberry for Schools, 96/1.55oz, Kellogg's 59772 , WGR - AR1320 (1 Bar)	1,460	160.00	4.00	0.50	0.00	0.00	150.00	29.00	3.00	14.00	2.00	1.80	200.00	750.00	0.00	(M)	(M)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	1,460	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	2.00	0.72	100.00	500.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
829413 - Fruit: Orange 138 CT 1/8wg 1/2c - AR1192 (8 wedges)	0	46.90	0.12	0.02	0.00	0.00	0.00	11.73	2.40	9.33	0.94	0.10	39.92	224.53	53.09	86.57	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,460	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,400	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,300	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	30	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	30	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

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Category: Grains; Choose: 2																	
831157-Bar, Butterscotch Oatmeal, 1.24 oz, Betty Crocker. General Mills, 16000- 45976, WGR - AR1438 (1 Bar)	1,460	150.00	5.00	1.50	0.00	20.00	120.00	23.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Crescent Roll Filled with Chocolate-Pillsbury- 149979000 - SR109270 (1 pkg.)	100	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	6.00	1.44	20.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	1,460	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,460	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,000	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,300	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	30	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	30	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84